

Chastity: Pure For A Lifetime

Intro: As a whole group.

Definition of chastity –Personal integrity, restraint and simplicity in design or expression.

Definition of chastity by [Free Online Dictionary by Farlex](#).

1. The condition or quality of being pure or chaste.
2. a. Virginity.
 - b. Virtuous character.
 - c. Celibacy.

General Commands Against immorality.

Colossians 3:5 -- Therefore put to death your members which are on the earth: fornication, uncleanness, passion, evil desire/concupiscence, and covetousness, which is idolatry.

I Corinthians 6:9-11 -- Do you not know that the unrighteous will not inherit the kingdom of God? Do not be deceived. Neither fornicators, nor idolaters, nor adulterers, nor homosexuals,^[a] nor sodomites,¹⁰ nor thieves, nor covetous, nor drunkards, nor revilers, nor extortioners will inherit the kingdom of God.¹¹ And such were some of you. But you were washed, but you were sanctified, but you were justified in the name of the Lord Jesus and by the Spirit of our God.

Romans 13:13-14 -- Let us walk properly, as in the day, not in revelry and drunkenness, not in lewdness and lust, not in strife and envy.¹⁴ But put on the Lord Jesus Christ, and make no provision for the flesh, to *fulfill its* lusts.

Matthew 5:27-28 --“You have heard that it was said to those of old,^[c] *‘You shall not commit adultery.’*^[d] ²⁸But I say to you that whoever looks at a woman to lust for her has already committed adultery with her in his heart.

(Guys only)

Do any of you have a girlfriend right now?

Did you talk to your parents about dating THIS girl?

Did you talk to your pastor or a mentor you might have or did you perhaps even talk to her pastor before beginning the relationship?

Chastity, as you were hopefully able to tell from the biblical definition, is not just about abstaining from sex before you're married. It is a lifestyle and a mindset that we all need to adopt.

3 Divisions of who we are to be Chaste.

- 1) Our body – I Corinthians 6:13-20 -- ¹³ Foods for the stomach and the stomach for foods, but God will destroy both it and them. Now the body *is* not for sexual immorality but for the Lord, and the Lord for the body. ¹⁴ And God both raised up the Lord and will also raise us up by His power. ¹⁵ Do you not know that your bodies are members of Christ? Shall I then take the members of Christ and make *them* members of a harlot? Certainly not! ¹⁶ Or do you not know that he who is joined to a harlot is one body *with her*? For "*the two*," He says, "*shall become one flesh.*"^[b] ¹⁷ But he who is joined to the Lord is one spirit *with Him*. ¹⁸ Flee sexual immorality. Every sin that a man does is outside the body, but he who commits sexual immorality sins against his own body. ¹⁹ Or do you not know that your body is the temple of the Holy Spirit *who is* in you, whom you have from God, and you are not your own? ²⁰ For you were bought at a price; therefore glorify God in your body^[c] and in your spirit, which are God's.
- 2) Our mind – Philippians 4:8 -- Finally, brethren, whatever things are true, whatever things *are* noble, whatever things *are* just, whatever things *are* pure, whatever things *are* lovely, whatever things *are* of good report, if *there is* any virtue and if *there is* anything praiseworthy—meditate on these things.
- 3) Our heart – Proverbs 7: 3-5 -- ³ Bind them on your fingers;
Write them on the tablet of your heart.
⁴ Say to wisdom, "You *are* my sister,"
And call understanding *your* nearest kin,
⁵ That they may keep you from the immoral woman,
From the seductress *who* flatters with her words.

II Corinthians 10:4-6 - ⁴ For the weapons of our warfare *are* not carnal but mighty in God for pulling down strongholds, ⁵ casting down arguments and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ, ⁶ and being ready to punish all disobedience when your obedience is fulfilled.

What are some weapons that we can use to help us win the battle for our body, mind and heart?

- Prayer
- Accountability partners
- Limit Exposures (music, movies, places you go)
- Friend Check (are your friends really helping you to be holy and pure or are trying to pull you into their sin. I Timothy 5:22)
- The Spiritual Disciplines we have already learned! (Fasting, Bible Intake, Fellowship, etc.)\

“I have made a covenant with my eyes;
Why then should I look upon a young woman?”

Job 31:1

Marriage *is* honorable among all, and the bed undefiled; but fornicators and adulterers God will judge.

“ The heart *is* deceitful above all *things*,
And desperately wicked;
Who can know it? “

Jeremiah 17:9